SOS: Signs of Suicide Youth Suicide Prevention Program

What is SOS?

• SOS is an evidence-based prevention program that trains students and communities to recognize the signs and risk behaviors associated with suicide using the acronym, ACT:
  • **Acknowledge** that you are seeing signs of depression or suicide and that it is serious.
  • **Care**: Let your student/friend know how much you **care** about them.
  • **Tell** a trusted adult so your friend can get help.

North Moore’s Implementation Plan

• North Moore will be implementing SOS on Tuesday, October 1st during first and second periods with all students. Students will meet in the auditorium by grade level to view the material. Counselors will facilitate the presentation.

• Mental health support staff will be available to meet with students who self-report or would like to speak with someone. Counselors will follow up with families as needed.

• Additional materials and resources will be made available through Canvas for students who were unable to attend.

• Counselors will be available at the Parent Advisory meeting on October 7th at 6 pm in the media center for any parents who would like to review the training materials. Our Hispanic parent liaison, Marisol Rivera McBride will facilitate an additional parent meeting at 6:45 pm.

North Moore High Mental Health Support Staff

School Counselors
Chris Monroe (last names A-K) cmonroe@ncmcs.org
Betsy Pilson (last names L-Z) bpilson@ncmcs.org

School Social Worker – Tara Kelly tkelly@ncmcs.org

Behavioral Health – Summer Mack lmack@ncmcs.org

School Psychologist – Bev Rouse brouse@ncmcs.org

School Nurse – Misty Marley mmarley@ncmcs.org